

# Elder Care Services

Receive support for what matters most.

Your Employee Assistance Program (EAP) offers a personalized approach to helping you and your family. Through a telephonic consultation with our family support specialists, you get the answers, information and resources you need to help cope with the day-to-day or longer-term challenges associated with caregiving responsibilities.

## Find the best local solutions for your family

Our specialists will assess, identify and locate caregiving services—including provider options, location, current availability and fees\*—to suit your needs.

Elder care services we can help you find include:

- Adult retirement communities
- Elder accommodations and home support programs
- Caregiver support groups
- Chore and companion services
- Home health agencies
- Palliative care
- Transportation services

Support is also available to you through helpful articles and information related to:

- Talking to older parents about their changing needs
- Understanding palliative care
- Support for older relatives with cognitive impairment
- Other family-related topics

\*Fees for referred services are your responsibility.



Connect with us for confidential support or to learn more

Make the right decisions for you and your family with help from your EAP.

For immediate assistance, contact us at **1.888.293.6948** or visit [workhealthlife.com/Standard3](http://workhealthlife.com/Standard3).